

2026 年 1 月 16 日

匯市及商品市場速遞

美國勞工局週四數據顯示，截至 1 月 10 日的一週，初請失業救濟金人數銳減 9 千人至 19.8 萬人，該結果低於預期值 21.5 萬人。這令美元進一步走強。自美聯儲主席鮑威爾點名批評特朗普政府的傳票，稱其等同於恐嚇美聯儲實施更寬鬆的貨幣政策後，美元一度受挫，但美元隨後很快收復了失地。此前數據顯示，經歷了兩年衰退後，德國經濟小幅重回增長。但歐羅未能受惠，挫近 0.3% 至 1.1610；英鎊弱勢，走軟 0.47% 至 1.3381。日圓回穩報 158.65，因投資者預期央行干預。風險貨幣表現分化，澳元上揚 0.64%，紐元則跌 0.1%。加元幾無變動，報 1.3888。黃金因地緣政治局勢緩和而回落，收報每盎司 4615 美元。

今日外幣評論：英鎊兌美元

英鎊兌美元匯價跌幅擴大，此前英國經濟數據顯示 11 月經濟增速超預期，但未能改變利率前景。受捷豹路虎遭網絡攻擊影響後全面恢復生產的推動，英國國內生產總值錄得自 6 月以來最快增速。儘管數據超預期，但英國經濟活動仍不溫不火，主要受制於對工黨政府政策決策缺乏信心。經濟學家認為，整體看英國經濟自夏季已失去動能，在持續裁員和財政整頓背景下，這種疲態將持續至 2026 年。這種情況可能壓低通脹，使英國央行的減息幅度超出市場預期。初步估計上方阻力位首在 1.3457，其次 1.3568 水平。下方支持位則在 1.3310，其次 1.3180 水平。



資料來源：路透

美元兌主要貨幣技術分析

	阻力位 2	阻力位 1	現價	支持位 1	支持位 2	走勢
歐羅兌美元	1. 1919	1. 1829	1. 1610	1. 1468	1. 1391	下跌
美元兌日圓	161. 95	160. 30	158. 65	156. 36	154. 77	上升
英鎊兌美元	1. 3720	1. 3660	1. 3381	1. 3180	1. 3095	回軟
美元兌瑞郎	0. 8235	0. 8176	0. 8034	0. 7801	0. 7686	上升
澳元兌美元	0. 6910	0. 6800	0. 6699	0. 6565	0. 6493	反覆
紐元兌美元	0. 6007	0. 5892	0. 5741	0. 5687	0. 5581	反覆
美元兌加元	1. 4100	1. 4005	1. 3888	1. 3636	1. 3540	上升
美元兌 CNH	7. 0796	7. 0372	6. 9633	6. 9552	6. 9230	下跌

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主要貨幣利率

貨幣	下次議息結果日期	時間	上次利率	實際利率	市場預測
美元	01 月 28 日	03:00	3. 75-4. 00%	3. 50-3. 75%	3. 50-3. 75%
歐羅	02 月 05 日	21:15	2. 00%	2. 00%	2. 00%
瑞郎	03 月 19 日	15:30	0%	0%	0%
英鎊	02 月 05 日	20:00	3. 75%	3. 75%	3. 75%
日元	01 月 23 日	11:20	0. 75%	0. 75%	0. 75%
澳元	02 月 03 日	11:30	3. 60%	3. 60%	3. 60%
紐元	02 月 18 日	09:00	2. 25%	2. 25%	2. 25%
加元	01 月 28 日	22:45	2. 25%	2. 25%	2. 25%

資料來源：路透

上日重要經濟數據公佈結果

日期及時間	地區	數據及事項	市場預測	上次	實際
01 月 15 日 21:30	美國	初請失業救濟金人數 (12 月)	215K	207K	198K

資料來源：路透

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